

## DMH EMPLOYEE SPOTLIGHT – MONICA PEA

Continuing our stories that spotlight LACDMH employees who shine, this week we're featuring...



### MONICA PEA

#### **Int. Supervisor Typist Clerk, Long Beach Asian Pacific Islander Family MHC**

Monica has worked for the Los Angeles County Department of Mental Health (LACDMH) for 17 years. She is an Intermediate Supervisor Typist Clerk at Long Beach Asian Pacific Islander (API) Family Mental Health Clinic (MHC).

She is responsible for overseeing the operations of the support staff team, acts as a liaison to many administrative offices (e.g., Administrative Support Bureau, Payroll and Chief Information Office), serves as the timekeeper for Long Beach API, and assists program staff with the day-to-day tasks (e.g., typing, copying, preparing data and reports, etc.).

*What do you like about your job?* “I am so glad to be a part of Long Beach Asian Pacific Islander Family MHC. It is a clinic that serves clients that have unique and complex mental health needs. I have been through those hard times (e.g., being an immigrant/refugee, fleeing my homeland to escape the war and genocide) just like most of our clients.”

*Who/what inspires you?* “Our consumers inspire me every day that I am able to contribute my help, not directly but indirectly.”

*What quote inspires you?* “Be a reflection of what you’d like to see in others! If you want love, give love. If you want honesty, give honesty. If you want respect, give respect. You get in return what you give!”

*What do you enjoy doing in your spare time?* “I travel, and keep myself spiritually and physically healthy.”

*Do you have any words of wisdom for other LACDMH employees?* “We need to have positive energy everyday in our life.”